

PRICE LIST OF THERAPIES




NUALA WOUULFE
BEAUTY SALON LTD.



SERENITY

DAY SPA
NUALA WOUULFE LTD

NUALA WOULFE BEAUTY SALON AND SERENITY DAY SPA in Sandycove Co. Dublin was founded in 1995 as an alternative to invasive anti ageing therapies. Our treatments include facials and body treatments providing excellent results, our mission has always been that the client comes first and it is our goal to provide skin and health plans that will exceed their expectations, and also to help balance their overall health, as beautiful skin is a reflection of their internal state.

As well as our incredible skin products and treatments we also offer consultation with Dr. Donn Brennan our resident medical and Ayurveda trained doctor who will help with any health or stress issues.

Our philosophy is to spend time to design skin health plans that fits both your needs and budget, so that a youthful glow will stay with you until your next visit.

“Excellence is an art won by training”

Aristotle

Feeling overwhelmed with all the choices? If so, we encourage you to book a complimentary consult with one of our skilled Therapists. Together you can create an effective skin health plan within your budget. We also offer wellness packages in conjunction with Killiney Castle Hotel.

The Products We Use

We strive to use only the best most effective products available on the market. We have chosen our them for their effectiveness and sensitivity to users and our environment.



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THE SKINCARE COLLECTION

SkinCeuticals

SkinCeuticals discovers and delivers innovative dermatology products that improve the overall health and appearance of the skin. They use pure, pharmaceutical grade ingredients with proven scientific results. An advanced line of topical Vitamin C formulations, which dramatically helps improve tone and elasticity of the skin, correcting damage caused by exposure to oxy-radicals found in sunlight, air pollution and smoke, breaking it down and result in lines and wrinkles.

SkinCeuticals advanced skincare line with the fundamental elements - Prevention, Protection and Correction.

Prescription Treatment	45min	€70
Vitamin C Treatment	55min	€90
Taster Facial	30min	€45

Matis

Matis Paris uses the best science and nature have to offer to create effective yet luxurious skin care products. Designed to nourish, revive and protect the skin, Matis Paris is the perfect way to achieve a younger-looking and more beautiful complexion.

Matis Delicate Skin Treatment	55min	€85
Matis Phycocorail Print Facial	55min	€85

Eminence

Eminence organic skin care is the award-winning provider of the most effective skin care products in the natural and organic skin care industry .Eminence Organic Skin Care is the only professional range which is 100% Organic. It contains no preservatives and parabens, offering your skin the unique fresh clean and powerful action derived from Nature. Eminence has evolved from a long history of herbal medicine.

Eminence Organic Customised Facial	55min	€100
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Eminence Organic Prescription Facial

55min

€100

Involves back stretching movements

**Additions; if you wish you may request your therapist to include Citrus Lip plumper or Eye Bright TECHNOLOGY EYE TREATMENT*

Biologique Recherche

Biologique Recherche is a French Dermatologist led biological skincare line with over 30 years' experience developing powerful products that restore and protect the skin. This healthy-aging firming facial repairs the skin on a cellular level using the most advanced tissue-regulated technology available. Skin re-hydrates, fine lines soften muscles firm and lift, dark circles lighten and puffiness is reduced almost instantly.

Biologique Recherche Deluxe Face Lift

60min

€95

Repair and Restore

90min

€140

THE SPECIALIST FACIAL COLLECTION

SkinCeutical Skin Peels

Salicylic Peel

30min

€75

55min

€100

Our salicylic peel is an effective exfoliating agent and can drastically improve the appearance of skin that is affected by acne. Glycolic works on sun damaged pigmented skin.

SkinCeutical Pigment Treatment Peel

55min

€100

This Pigment Balancing Treatment is a customised brightening treatment targeting hyper pigmentation to dramatically improve the uneven appearance of photo damaged and mottled skin. *For optimal results, a series of 6 treatments is recommended – pay for 5 receive the 6th treatment free.*

The Jet Peel

The jet peel is highly effective in skin texture improvement, wrinkle reduction, removal of unwanted pigmentation and overall skin rejuvenation.

Custom Facial with Saline Only

55min

€100

Custom Facial with Saline and Vitamin Treatment 55min €120

Customised Microdermabrasion 60min €100

Microdermabrasion is a simple, straight forward, non-invasive procedure that revitalises dull skin and minimises imperfections.

The Natural Face Lift 30min €50 55min €90

Cosmécanique® French Treatment Lift 6 Precision in Micro Massage Technique. Visible Results. Tighter facial contours, improved skin tone and reduces puffiness. *For optimal results, a series of 6 treatments is recommended – pay for 5 receive the 6th treatment free.*

Omnilux Revive Treatment 30min €70 55min €100

The facial of the future is here, anti-ageing vitamin enriched skin therapy also revitalises dull lifeless skin. *For optimal results, a series of 6 treatments is recommended – pay for 5 receive the 6th treatment free.*

Omnilux Blue Acne Treatment (Salon Only) 30min €70 55min €100

The facial of the future is here, anti-ageing vitamin enriched skin therapy also revitalises dull lifeless skin. *For optimal results, a series of 6 treatments is recommended – pay for 5 receive the 6th treatment free.*

THE BODY COLLECTION

All treatments have been specially designed for their body cleansing and skin firming properties. Each treatment can be taken as a single experience or prescribed as a course for intensive results. Body lifting and toning options.

Courses are available and recommended with all of our body treatments.

Endermology Lipomassage 30min €65 50min €85

Lipomassage helps to permanently eliminate stubborn fat that is resistant to physical exercise and dieting. After eight sessions lasting 35 minutes each, you will see visible results on your figure.

New-life Body Lifting

55min €80

New-life uses innovative B.E.A.M. technology to stimulate and activate specific muscles or muscle groups. By stimulating muscle activation you increase blood circulation, improve metabolism, and tone your body exactly as you desire.

Course of 10 sessions €600

G5 Gyrotory Massage

45min €40

G5 is a mechanical massager which improves circulation aiding lymphatic flow and thus improves the appearance of cellulite and it also breaks down stubborn fatty deposits.

Body Gold (Salon Only)

30min €40 45min €50

Body lymphatic drainage can be very effective after illness or virus or as a general 'pick me up'. Excellent in the treatment of fluid retention. Course of 12 x 30min sessions (2 free) €600

Starvac

30min €40 45min €50

A semi-suction roller to break down fatty tissue deposits improves circulation and elasticity of the skin. Excellent for cellulite conditions. Also very effective post-surgery to improve scar tissue. Course of 12 x 30min sessions (2 free) €400

Biologique Recherche Body Treatments

Start this body ritual with a detoxifying body exfoliation. Pure botanical oils with oxygenating and slimming properties are massaged into the skin with "le gant" massage glove for optimal circulatory and exfoliating results. Followed by a cooling firming cream concentrate to tone the skin.

Oxygenating and Slimming Treatment

75min €120

Custom Blended Treatment

90min €150

Body Exfoliation

Kick start any body routine with our body exfoliation treatments. All are designed to exfoliate; even the most delicate of skins will leave with smooth glowing skin. You can choose from a variety of scrubs all will replenish all dull lifeless skin. These exfoliating treatments are the ideal precursor to self-tan, body wraps or at holiday time.

Eminence Organic Exfoliating Body Scrubs

30min €50

Repêchage Honey Body Polish

40min €75

A natural cleanser and exfoliator: Pure honey, almond and fresh buttermilk.

Biologique Recherche

Exfoliating Body Treatment

55min

€85

Body Wraps

Purifying, hydrating, firming, smoothing are to name but a few benefits of body wraps. Allow our team to design a body wrap to target your concerns. An array of effective treatments are available to reduce cellulite, nourish the skin or just to relax you and leave your whole body regenerated and pampered.

Thalassotherapy Seaweed Body Treatment

30min

€40

Rejuvenating and renewing treatment: This full body seaweed mask will offer overall circulatory stimulation, encourage elimination of toxins, softening and smoothing the skin giving a total sense of well-being.

Eminence Organic Wraps

75min

€90

Blueberry Inch Loss Slimming Body Wrap

Blueberry soy slimming wrap with seaweed extract is an excellent slimming wrap with properties that help to, release toxins and reduce fluid retention.

Hungarian Clay Ultimate Detox Mask Wrap

This wrap is deeply relaxing to the muscles while drawing out lactic acid to detoxify, warm herbal thermal mud mixed with clay high in sulphur and minerals warms the muscles and draws out toxins leaving you deeply relaxed and detoxed.

Chocolate Truffle Body Mask Wrap

This anti-ageing wrap has hydrating refining and slimming properties which improves the quality of fine transparent skin.

Body Detox Duo Combination

75min

€110

Stimulating dry skin brushing and full body exfoliation which prepare the skin to absorb the benefits of a detoxifying full body massage, incorporating a cleansing blend of citrus oils, combining cypress and juniper berry, with vigorous massage and lymphatic drainage techniques to stimulate circulation. A mind calming Indian Head Massage completes this stimulating treatment duo.

For a full listing of all wraps available see our website.

THE GENTLEMAN'S COLLECTION *(SERENITY SPA ONLY)*

Male Grooming

All facials available to men

Eyebrows €15

This service will discreetly give a natural male tidy and shape to your eyebrows.

Eyebrow tint and tidy. €20

(A patch test is required 48 hrs prior to tinting)

Men's Waxing

(Patch testing required 48 hours prior to your first wax with us)

Back ½ €30

Full back €40

Chest €35

Abdomen Wax €32

Shoulder Wax Male €35

Nasal / Ears €12

This service removes any obvious, protruding hairs from the area.

Mani – cure 30min €25

Pedicure 30min €35

Men's Spa Treatment

**For those without beards, please shave prior to facial appointment*

Stress-Buster

25min

€40

55min

€60

Back Therapy blending techniques of Swedish massage, acupressure, and stretching, this session will focus on tension and sore muscles. Hot compresses are applied to further relax and ease aching muscles in your upper and lower back.

Gentleman's Express

90min

€100

Take some down time and enjoy a Gentleman's facial and a Stress-Buster Back Therapy Massage.

Men's Grooming Facial

55min

€65

A customised facial to suit your skin type. Hydration, exfoliation and deep pore cleansing are incorporated in this great facial.

Back Treatment

45min

€55

Treat your back to this customised treatment that is designed especially for men.

THE MASSAGE COLLECTION

All massage therapies are available to male and female clients.

Massage Therapy

At the hands of expert therapists, a massage can transform mind, body and soul. Our massage and alternative treatments are de-stressing, tension relieving and highly soothing, resulting in the ultimate relaxation of mind and body.

Customised Full Body Massage

75min

€100

If you are not quite sure which massage is right for you, allow our therapists to customise a treatment to address your specific needs.

Back Massage Swedish

30min

€45

45min

€60

Full Body Swedish Massage

75min

€85

This classic form of massage enhances circulation, improves muscle tone, relieves tension and soothes tired muscles.

Aromatherapy Body Massage

55min

€90

75min

€100

This deeply therapeutic, holistic treatment uses a blend of essential oils, which appeal to the senses and whose aromatic healing is a personal response to each individual's needs.

Deep Tissue Massage

55min

€90

This massage style is directed toward specific areas of tension and imbalance in the muscular system.

La Stone Massage

55min

€90

Experience a luxurious and relaxing massage combined with deep heat therapy. Smooth, polished stones are heated and incorporated into a Swedish based massage that relieves stress and loosens tight muscles. Pure heaven!

Indian Head Massage

30min

€45

Indian head massage is in fact a massage of the entire body, there are many important acupressure points on the head and massage to the head helps to calm the entire nervous system.

Sports Massage

55min

€90

Tailored to your needs. Whether you're focusing on the aftermath of golf, tennis, fishing, skiing, or just want a great massage!

Abdominal Massage

30min

€45

Abdominal massage promotes digestion, alleviates gastric upsets, soothes the nerves related to the area of massage, benefiting the organs that are interconnected with the stomach as well as the intestinal tract.

Reflexology

30min

€40

55min

€70

The feet are like a map of the body. Skilled manipulation of specific points on the feet reduces levels of stress, increases well-being and improves the flow of energy in the body, bringing about the body's own natural balance.

Hopi Ear Treatment

45min

€55

The Hopi Ear candle is a natural ear cleaning technique using a hollow cylinder which has one end burning and the other end set at the opening of the ear canal. As the candle burns it creates a light suction action. Hopi Ear candling has a soothing effect on earache, headache and a clearing effect on sinuses as the candle burns. Following the treatment of the two ears a gentle face massage to aid lymph drainage finishes the treatment. 3 sessions are recommended.

THE EASTERN INFLUENCE COLLECTION

Balinese Relaxation Massage

75min

€90

Beginning with a symbolic and relaxing foot ritual, this hands-on synergy of traditional Balinese massage and Western techniques uses regulated pressure, excellent for releasing knots and tensions in the body.

Balinese Massage with Volcanic Hot Stones

90min

€120

This deeply soothing, relaxing and totally indulgent treatment combines hot stones with traditional flowing Balinese methods of elongated sweeping movements encompassing the whole body.

Shiatsu

75min

€90

This traditional form of Japanese massage is truly holistic and aims to balance the flow of Chi energy through the meridians of the body using pressure at specific trigger points. Shiatsu encourages the release of physical and emotional restrictions to bring about a whole and total feeling of well-being. (Subject to Shiatsu specialist availability).

Thai Massage

55min

€85

When received on a regular basis, Thai Massage will help you feel energised, relaxed and ready to move smoothly through your day with a lighter, more elastic step.

Reiki

55min

€75

Reiki is an ancient technique for stress reduction, healing, and energetic rebalancing. It employs gentle laying-on-of-hands, releasing life force and restoring energy flow. Self-healing begins during a Reiki session, and stays with the recipient for a long time after treatment. It can be used for physical and emotional difficulties, and is safe for everyone. Feelings of peace, serenity, security and well-being are often reported during and after Reiki sessions.

Lu'lur Treatments

Lu'lur use aromatic organic ingredients and each treatment is designed to be a complete body ritual, offering top to toe relaxation.

Lu'lur Javanese Body Ceremony

130min

€160

Lu'lur Body Ceremony is a luxurious ritual originating from the Royal Palaces of central Java given to the Princess for 40 days prior to her wedding day.

Hibiscus and Tumeric Body Scrub

40min

€50

Receive a traditional Lu'lur body polish. The exotic mixture is sprinkled onto the skin, blended with Lu'lur dry oil and massaged gently into the skin before being showered off.

Jasmine and Hibiscus Body Smoothing Wrap

90min

€95

Receive a full body exfoliation using dry oil and hibiscus jasmine and tumeric body scrub. After showering a blissful warm rich coconut and vanilla cream is liberally applied and you are cosily cocooned in a soft cotton wrap. Finish with a relaxing massage.

THE MUM'S TO BE COLLECTION

Pre and Post Natal Therapies

Spa Mama Mio is pampering for super mamas. Pampering and therapeutic, massage and body Treatments are essential components for pre and post natal women. Featuring the Mama Mio products our services include the following therapies.

The Spa Baby Pre Natal Massage

55min

€80

75min

€90

Our signature pre natal massage relieves the aches and pains of pregnancy, reduces fluid retention, helps relieve stress and improves circulation benefiting both mum and baby. (Not suitable in first trimester).

Free Your Mind Massage

45min

€55

This treatment eases you of the stresses associated with pregnancy and new motherhood. A cooling Mama Mio eye compress combined with pulse point Gravidia therapy initiates the relaxation. A gentle face and head massage will release cranial and jaw tension followed by a neck and shoulder massage.

The Yummy Tummy

45min

€55

This treatment begins with an application of Gravida Pulse point oil and gentle skin brushing to increase circulation, gently exfoliates and improves tone of the skin. A concentrated serum and deep treatment mask will be applied to soothe and moisturise the abdomen. Enjoy a relaxing lower leg and foot massage as the intensive tummy stretch ease serum and mask take effect.

Lighten Up

30min

€40

A warm, fragrant mineral-salt-rich foot soak to energise, reduce swelling and stimulate circulation. Includes a gentle hand, lower leg and foot massage.

Lighten Up with file and paint on toes

40min

€50

Maternity Massage

55min

€85

A complete body massage, using specific pre-natal techniques to help relax, increase circulation, alleviate tired muscles and reduce water retention. A wonderful treatment that gives mama a chance to truly relax.

THE AYURVEDIC INFLUENCED COLLECTION

A truly personal journey of variable rituals adapted to your needs of the moment.

Four Hands Synchronised Abhyanga

55min

€130

90min

€160

Paradise is achieved with an advanced combination of stretching using rolling movements and long deep strokes with specially chosen warm oil to suit your needs. Two therapists flow in synchronised harmony for releasing ultimate tension, deeply relaxing and rebalancing massage to achieve mind and spiritual bliss.

Ayurveda Abhyanga

55min

€75

This sophisticated treatment begins with a foot cleansing ritual and consultation before a massage with hot Ayurveda herbal oil which is poured onto the centre of the back. Elongated sweeping movements spread the oils along the whole body, a deeply relaxing massage.

Padabhyanga

50min

€65

This treatment uses a blend of warm Ayurveda oils and begins with foot bath and exfoliation, before continuing with a therapeutic Marma Point Massage to the feet.

Shirodhara with Shirobhyanga

50min

€85

Warmed oils are used to massage the scalp, neck and shoulders in the Shirobhyanga (Ayurveda influenced Head Massage). Shirodhara 'oil pouring to the third eye' concludes this ritual to create an intensely relaxing treatment experience for calming the mind and releasing tension.

THE WATER THERAPY COLLECTION

Hydrotherapy Bath

30min

€40

Our Massor bath tub is equipped with 130 water injectors and 170 air injections. Extends the benefits of a massage and the unforgettable experience of chromo therapy, bringing harmony and balance. (Chromo therapy is colour light therapy) A colour hydrotherapy session is the powerful combination of the two excellent healing therapies (Water / light –colour therapy).

THE SERENITY SPA PACKAGE COLLECTION

Total Wellness Package

€320

Swedish Massage 90min

Customised Facial with Revitalising Eye Treatment 75min

Body Wrap 60min

Reflexology 30min

The Serenity Signature Package

Swedish Massage 60min

Customised Facial 60min

Body Scrub 30min

Mini Manicure 25min

Mini Pedicure 35min

€250

The Wellness Retreat

Body Wrap 60min

Swedish massage 60min

Customised Facial 60min

€240

The Escape Package

Aromatherapy Massage 90min

Body Wrap 60min

Customised Mini Facial 30min

€210

The Express Package

Customised Mini Facial 30min

Swedish massage 30min

€85

The Men's Getaway

Gentlemen's Facial 60min

Muscle Meltdown Massage 60min

Body Scrub 30min

€205

The Bridal Package

€290

Aromatherapy Massage 60min

Body Wrap 60min

Body Scrub 30min

Express Facial 30min

Mini Manicure 25min

Mini Pedicure 35min

Mums-to-Be Package

€160

Prenatal Massage 60min

Body Scrub 30min

Customised Mini Facial 30min

The Ayurvedic Package

€180

Hydrotherapy Bath 30min

Abhyanga Massage 60min

Shirodhara with Shirobhanya 50min

Time For Me Facial

90min

Customised Facial

Back Massage

Hand and Arm Massage

(The back massage is free of charge please ask for details)

Beyond Botox Facial

75min

This fabulous facial helps activate cellular repair, fight oxidation, restore hydration, promote exfoliation, decrease inflammation and increase photo protection. This effective alternative to surgery or needles includes an anti-aging complex that aids in tissue repair, reduces the appearance of fine lines and improves skin tone and texture for a more youthful, radiant glow. The facial is a combination of the 'jet peel' and the 'magic of micro current', along with the superb results-driven Skinceutical line of skincare.

THE WELLNESS COLLECTION

Wellness consultations with Dr. Donn Brennan at Nuala Woulfe Serenity Day Spa

Dr. Donn Brennan was one of the first western medical doctors to train in India in maharishi's Vedic approach to health. He qualified in medicine in 1979 At UCD. A Maharishi Ayurveda consultation with Dr. Brennan offers you the chance to learn more about the nature of your mind and body and how to promote good health and prevent disease. Consultations include pulse diagnosis to determine specific imbalances, recommendations for diet, digestion, herbal food supplements, exercise, daily and seasonal routines and general guidelines for good health based on your individual physiology. Some of the conditions that respond well to Ayurveda are; Allergies, Cholesterol, Weight loss, Joint disorders, Diet, Digestion, Constipation, Cancer, Fatigue and Stress.

Ayurveda Consultation with Dr. Brennan	60min	€90
Follow up Appointments	30min	€50

Dr. Raju

Raju is an experienced Naturopathic Doctor and Yoga Therapist. He has completed 4 ½ years of University education in Naturopathy and Yogic sciences from University of Health Sciences in Hyderabad, India plus 1yr internship in The Nature Cure Hospital in Begumpet, Hyderabad. Naturopathy medicine is complimentary to Western medicine Raju is an expert in Yoga for wellness, and practices the following therapies; Clinical nutrition, Therapeutic massage, Reflexology, Manipulation therapy, Hydro - therapy, Acupressure, Indian head massage, Counselling, Stress Management and Meditation. Naturopathy is based on the principle that the body possesses an inherent ability to heal itself.

One to One Yoga Session	50min	€60
Health and Wellness Consultation with Dr. Raju	60min	€80
Customised Massage with Dr. Raju	55min	€90

Learn how to deal with stress, improve your health, sleep better, and lots more.

THE FINISHED COLLECTION

Manicure Treatments

Simple File and Polish 15min €15

Mini Manicure 30min €25

Deluxe O.P.I Manicure 45min €35

Natural sugar crystals exfoliate to reduce calluses and banish dry, rough skin. Fruit derived AHA leave hands silky smooth and soft.

Super Deluxe Manicure 60min €50

A luxurious first step to intensively hydrate your hands. This manicure uses a blend of antioxidants and vitamins which help rejuvenate the skin. This treatment includes a neck and shoulder massage.

Hand and Arm Massage 15min €15

This extended hand and arm massage is available as an addition to any Manicure.

Pedicure Treatments

With the average person walking 10 miles per day a pedicure is the perfect thank you to your feet for their continuous support.

Simple File and Polish 20min €20

Mini Pedicure 35min €30

Deluxe O.P.I Pedicure 60min €50

An excellent treatment for a hydrating pick me up. It involves a botanical sea soak, followed by a sea salt scrub, leaving the skin glowing! A heel therapy, renews and restores feet to silky smoothness.

Super Deluxe Pedicure 70min €65

This wonderfully relaxing treatment renews and restores feet to silky smoothness when you want to pamper yourself. Pedicure includes a moisture building foot mask and nurturing massage.

Paraffin Day Spa Pedicure 75min €75

Our ultimate treatment includes a foot soak, exfoliation of rough, dry skin. A nurturing massage from knees to toes offers relaxation, increased circulation and relief from tired, swollen feet and ankles.

MediPedi

75min €90

Get your baby feet back. This medical pedicure from Danne Montague-King gives exceptional visible and tactile improvements in just one treatment leaving the roughest, most cracked and calloused feet both smooth and soft.

Callus Peel Add-on

15min €25

This callus peel may be booked as an "add-on" to any of our pedicures. Calluses are removed just like orange peel. In only 15 minutes, you can feel and see the difference!

Foot and Leg Massage

15min €15

This extended foot and leg massage is available as an addition to any Pedicure.

*Please bring a pair of flip flops when having a pedicure in order to ensure your polish remains smudge free.

Nail Enhancements

Gel Nails for your Hands

We use Creative products and tools for all nail enhancements. We offer gel for both hands and feet. For immaculate upkeep, we recommend you return to us every two weeks, in order to achieve the maximum result.

Parrafin Wax		€10
Extra cuticle work with Refills		€15
Full Set with Natural Finish	75min	€75
Full Set with French Polish	75min	€85
Overlays - Natural Finish	75min	€65
Overlays - French Polish	75min	€70
Refills	75min	€50
Buff and Gloss	20min	€20
Single Nail Repair	15min	€8
Full Removal with Mini Manicure	60min	€45
Occasional Nails	45min	€35

Gel Nails for your Feet

Gel Overlays with Mini Pedicure	60min	€60
Full Removal with Mini Pedicure	60min	€45
Nail Art or Diamonds on toes		€10+

Shellac

Shellac is a breakthrough technology that includes 14 day wear, zero dry time, and mirror finish. Shellac will not affect the integrity of the natural nail bed, including the removal. No other products in the market can stand up to the claim – “on like polish wears like gel and off in minutes”. To prevent any dryness apply nail oil to the nail and skin daily.

Shellac on Hands	30min	€40
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Shellac on Toes	40min	€40
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Removal	15min	€0
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Equally revolutionary is how gently and easily Shellac comes off. We don't soak, file or drill. Just WRAP!

Minx Nails	30min	€40
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These are the nail equivalent of couture – perfect for parties – these non-chip metallic plain and patterned nails will dazzle. Nail art can be cutting edge – trust us!

Little Princess Sparkle

For your Little Princess under 14, we offer a very special treatment with lots of sparkle, plus a polish of your choice! Perfect for a special day!

Sparkle Manicure	30min	€20
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Sparkle Pedicure	30min	€25
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*Please note that some services are only available at Serenity Day Spa, please call reception for details.

Safe Tanning Treatments

Organics Full Body Application	€35
Organics Half Body Application	€25
Full Body Scrub, Shower and Organics Spray Tan	€60
St. Tropez Full Body Cream Tan	€65
St. Tropez Half Body Cream Tan	€40

Make-up

Make-up and Cleanse	€45
Make-up Lesson	€60
Eye Make-up Lesson	€30

Tinting

Patch test necessary 48 hours before tinting

Eyelash Tint	€25
Eyebrow Tint	€15
Eyelash and Eyebrow Tint	€35
Eyebrow Trim, Eyebrow Tint and Eyelash Tint	€40

Matis Treatment Extras

Eye Print Treatment	30min	€45
Soothing, decongesting and cooling of puffy tired eyes. Nourishing, anti-ageing and erasing fine lines. Can be added to any facial €25 extra.		
Eye/Lip Aromatis Treatment	30min	€45
Nourishing, anti-ageing and erasing fine lines.		

Threading

Threading is an ancient art whereby excess or unwanted facial hair is removed using cotton thread. Unlike tweezing where single hairs are pulled out one at a time, threading can remove an entire row of hair, resulting in a straighter line. Vimi is an expert at threading with over 15 years' experience.

Eyebrow Threading	€15
Lip Threading	€15
Eyebrow and Lip Threading	€25
Lip and Chin Threading	€20
Eyebrow, Lip and Chin Threading	€35
Chin and Neck Threading	€24
Lip Chin and Sides of Face Threading	€25
Eyebrow Threading, Lash and Brow Tint	€40

Electrolysis Hair Removal

15 minute Session	€25
30 minute Session	€40
Course – pay for 5 in advance receive 6 treatments.	

Waxing Treatments

Patch test necessary 48 hours before waxing if it's your first visit or 2 years since your last wax with us.

Lycon Pain less Waxing - Specialised Waxing

Bikini Wax	€19+
Californian Wax	€35
Brazilian Wax	€50
Brazilian Wax Maintenance (Within 6 Weeks since Last Wax with us)	€40
Hollywood Wax	€55

Hollywood Wax Maintenance (Within 6 Weeks since Last Wax with us)	€40
Brow Wax / Shape	€15
Lip Wax	€15
Chin Wax	€15
Leg Wax – Lower leg/ Upper leg	€25
Leg Wax - Full	€40
Underarm Wax	€16

Holiday Package €75
(Lower Leg, Californian Bikini, Underarm and Eyebrow Trim)

Waxing Combinations

Lower Leg and Bikini	€40
Lower Leg, Bikini and Underarm	€50
Lower Leg and Californian	€50
Lower Leg and Brazilian	€70
Lower Leg and Hollywood	€75
¾ Leg and Bikini	€45
¾ Leg and Californian	€50
¾ Leg and Brazilian	€73
¾ Leg and Hollywood	€80
Full Leg Wax and Bikini	€45
Full Leg and Californian	€60
Full Leg and Brazilian	€85
Full Leg and Hollywood	€90

All treatments can be paid for as a series of treatments where you pay for 5 in advance and you receive a 6th treatment free.

SPA ETIQUETTE

This is your time, so please arrive 15 min prior to start time of your appointment.

Gift Vouchers

The perfect gift for all occasions. A birthday or Christmas present, a special occasion, an incentive to reward your top performer or just to say thank you, treat someone special to a gift voucher from Serenity Day Spa or Nuala Woulfe Beauty Salon. The vouchers can be redeemed against any spa treatment, spa package or beauty packages and can be used to buy products from the Beauty Salon or Spa and have a 12 month expiration date from time of purchase. If you or the receiver is unable to use the voucher before the expiry date – please present the voucher before it expires and we will extend it. Please note that we will only honour gift vouchers on presentation for payment of a treatment or product.

Cancellation Policy

At Nuala Woulfe Beauty Salon and Serenity Day Spa, we require 24 hours' notice should you be unable to make it to your appointment. If this notice is not given, you will be required to pay for your missed treatment as we truly value the time of each of our therapists and the clients who may be on waiting lists.

Cancellations within 24 hours will incur a 50% charge; cancellations within 12 hours will incur a 100% charge. Cancellation of all packages or appointments with duration of over one hour require 48 hours' notice of cancellation, failure to do so will incur a 100% charge. A credit card number will be required at the time of booking.

Mobile phones

To preserve the tranquillity of the spa we request that all clients switch off their mobile phones and leave them within their locker. We request that guests keep noise to a minimum.

Patch Tests

Any client who wishes to have waxing and/or tinting done with us must have a patch test done at least 48 hours prior to their booking. We strictly adhere to this industry protocol it is - for the health and safety of our clients. This also applies to Clients who have had a span of over two years between visits with us. The patch test takes only 5 minutes and can be booked in at both salons.

Location

The Salon is situated in the car park in Glasthule Village, between Dun Laoghaire and Dalkey. The Spa is also in the village, through the traffic lights on the left up beside Mitchell's Wine shop. Sandycove and Glasthule Dart Station is only a few minutes away.

Parking

Allow yourself extra time to get parking locally. There are 2 car parks close by - one outside the Salon, one up by the Dart Station plus there is street parking. Please note that you can only park on the street for 1 hour then you need to move your car as they do not allow you to feed the meter after 1 hour has passed.

Courses are valid for one year and are non-transferable. All prices listed include V.A.T. @ 13.5%. Laser and Credit cards accepted. All products include V.A.T. @ 21.5%.

Serenity Day Spa/Nuala Woulfe Beauty Salon reserves the right to alter prices and change or discontinue services without prior notice.

GENERAL INFORMATION

Opening Hours

Beauty Salon

Monday	9:00am – 6:00pm
Tuesday	9:00am – 6:00pm
Wednesday	9:00am – 8:30pm
Thursday	9:00am – 8:30pm
Friday	9:00am – 8:30pm
Saturday	9:00am – 5:00pm
Sunday	Closed

Serenity Day Spa

Monday	Closed
Tuesday	9:00am – 6:00pm
Wednesday	9:00am – 9:00pm
Thursday	9:00am – 9:00pm
Friday	9:00am – 7:00pm
Saturday	9:00am – 5:00pm
Sunday	10:00am – 6:00pm

Hours of trading may be changed to suit the needs of the business.



MEMBER



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